



OCTOBER 2

PRAYING IN THE SPIRIT

ROM. 8:26-27; JUDE 20-21; EPH. 6:18-20

DISCUSSION WIN:

Lead your group to let the Holy Spirit shape how and what we pray for.

DISCUSS GOD'S WORD:

- What physical activity are you especially weak in? Running? Pull-ups? Planks? Connect as a group by sharing the workouts that you don't like (or hate).
- Rom. 8:26 says that the Spirit helps us in our weakness by praying for and with us. How does this truth affect you? Does it make you want to pray more?
- Although all of us believe God is capable, we often rely on our effort first before prayer. Why is this? Why do you think this disconnect exists between our hearts, head, and actions?
- Jude 20-21 says to "keep yourselves in the love of God." Does this mean we have to earn and maintain favor with God? Does this verse run contrary to the Gospel?
- Keeping ourselves in the love of God means to bring your thoughts and being to rest in the finished work of Christ through prayer. What are your go-to passages that help center your heart on the Gospel? Share these with one another.
- The Spirit leads us to pray for others (Eph. 6:18-20). What are some needs that we can pray for as a group?
- The Spirit also wants us to share the Gospel boldly with others. How is it going with reaching your four? In what areas can we pray for boldness for you?