

RESPITE MORNING

CAREGIVERS MORNING OFF

IN PARTNERSHIP WITH:



SATURDAY, OCTOBER 1
9:15AM - 12:30PM
AT PROVIDENCE CHURCH

Being a caregiver can be stressful and exhausting, you may feel like you can't take time off. Drop off your loved one at Providence Church the morning of October 1 and enjoy a well deserved morning off.

Event Details:

- FREE of charge but you must register in advance.
- Drop off at 9:15 AM and pick up at 12:30 PM
- Professional Trained Staff will care for your senior, while you have a morning off.
- Fun Activities Art/Crafts, Exercise, and Lunch provided to each attendee.
- Industry experts will assist in activities and care management (Sunrise Senior Living of Raleigh and Dementia Alliance of NC)
- Caregivers will have an opportunity to Speak with Professionals about advise, senior care resources, etc.

FOR MORE INFORMATION CONTACT:

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Providence Church

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REGISTRATION REQUIRED

