

Mark 2:23-3:6

Good News For Religious People

DISCUSSION WIN:

Help your group find spiritual rest in Christ.

DISCUSS GOD'S WORD:

- Some of us are more inclined to either the religion of “self-righteousness” or “self-discovery.” Which one do you lean towards? When do you notice this leaning in your life?
- Our default setting is to see certain behaviors as ways to become right with God. What behaviors are you inclined to see as making people right with God? Is it church attendance, abstaining from certain sins, reading your Bible for a certain amount of time, etc.?
- Verse 27 says that God created the Sabbath to be a blessing to humankind. What other spiritual gifts has God given us that are designed to be blessings?
- Are there any ways that we take those spiritual blessings and turn them into religious burdens? How do you know when a blessing has become a religious burden?
- Read Philippians 3:1-11. What things, behaviors, or rituals are you inclined to place your spiritual “confidence” in?
- Our righteousness does not come from ourselves but from Christ. Close group by praying in two ways: confessing to God the things you place your spiritual confidence in and giving thanks that we are righteous in Christ.